টুইস্ট

(b¨v‡cÖv‡·b wewc 500 wgMÖv I B‡mvwgcÖvRj BDGmwc 20 wgMÖv)

বিবরণ

b¨v‡cÖv‡·b GKwU NSAID - hv Gbvj‡RwmK I Gw›UcvB‡iwUK wn‡m‡e e¨eüZ nq| b¨v‡cÖv‡·b †cÖvcvqwbK GwmW MÖæ‡ci RvZK Ges Bnv g~jZ mvB‡K¬vAw·wR‡bR GbRvB‡gi Kvh©KvwiZvq evav w`‡q †cÖv÷vMøvwÛ‡bi ms‡kølY eÜ K‡i †`q| B‡mvwgcÖvRj nj †cÖvUb cv¤ú BbwnweUi hv IwgcÖvR‡ji Gm-AvB‡mvgvi| Bnv cvK¯’jxi c¨vivBUvj †Kv‡li †cÖvUb-cv¤ú‡K evav w`‡q GwmW wbtmiY `ªæZ n«vm K‡i|

উপাদান

টুইস্ট cÖwZwU U¨ve‡j‡U i‡q‡Q wW‡jBW wiwjR b¨v‡cÖv‡·b wewc 547.50 wgMÖv Ges B‡mvwgcÖvRj g¨vM‡bwkqvg BDGmwc 22.22 wgMÖv hv h_vµ‡g b¨v‡cÖv‡·b wewc 500 wgMÖv Ges B‡mvwgcÖvRj BDGmwc 20 wgMÖv Gi mgZzj¨|

নির্দেশনা

Aw÷IAv_ª©vBwUm, wiDgvU‡qW Av_ª©vBwUm Ges A¨vbKvB‡jvwRs ûwÛjvBwUm Gi j¶Y I DcmM© wbim‡b Ges NSAID †mebcieZ©v M¨vw÷ªK Avjnv‡li cÖe¶Zv Kgv‡Z টুইস্ট wb‡ ©wkZ|

নির্দেশিত ব্যবহার	প্রস্তাবিত মাত্রা	দৈনিক (এবং সর্বোচ্চ) নির্দেশিত মাত্রা
সেবনমাত্রা ও সেবনবিধি	টুইস্ট AvB÷IAv_ª©vBwUm, wiDgvU‡qW Av_ª©vBwUm, ûwÛjvBwUm Ges wWR‡g‡bvwiqv	দিনে ২ বার

b¨v‡cÖv‡·b wewc 500 wgMÖv Ges B‡mvwgcÖvRj BDGmwc 20 wgMÖv

পুরো ট্যাবলেটটি পানির সাহায্যে একবারে সেবন করতে হবে এবং কোন অবস্থাতেই ট্যাবলেটটি ভাঙ্গা, চোষা, চিবানো বা দ্রবীভূত করা যাবে না। খাবার অন্তত ৩০ মিনিট পূর্বে ট্যাবলেটটি সেবন করতে হবে।

বয়স্ক রোগীদের ক্ষেত্রেঃ 65 eQ‡ii D‡aŸ© Ges `ye©j A_ev wb‡¯Ír †ivMxiv NSAID Gi cvk¦©cÖwZwµqvi cÖwZ AwZms‡e`bkxj| Gme cvk¦©cÖwZwµqvi cÖ‡Kvc Jl‡ai gvÎv Ges †mebKvj e„w×i mv‡_ mv‡_ ev‡o| ZvB Gme †ivMx‡`i ‡¶‡Î cvk¦©cÖwZwµqvi SzuwK Gov‡Z m¤¢ve¨ ¯^í mg‡qi Rb¨ byb¨Zg gvÎv e¨envi Kiv DwPr|

কিডনীর অকার্যকারিতায়ঃ ¯^í †_‡K gvSvix ai‡bi wKWbxi AKvh©KvwiZvq Bnv mZK©Zvi mv‡_ e¨envi Ki‡Z n‡e Ges †ibvj Kvh©KvwiZv wbweofv‡e ch©‡e¶Y Kiv DwPr| Bnv ¸iæZi wKWbxi AKvh©KvwiZvq A_ev wKWbx mgm¨vi AebwZ n‡"Q - Ggb †ivMx‡`i †¶‡Î cÖwZwb‡`©wkZ|

যকৃতের অকার্যকারিতায়ঃ ¯^í †_‡K gvSvix ai‡bi hK…‡Zi AKvh©KvwiZvq GwU mZK©Zvi mv‡_ e¨envi Ki‡Z n‡e Ges hK…‡Zi Kvh©KvwiZv wbweofv‡e ch©‡e¶Y Kiv DwPr| Bnv ¸iæZi hK…‡Zi AKvh©KvwiZvq cÖwZwb‡`©wkZ|

শিশুদের ক্ষেত্রে ব্যবহার (১৮ বছরের নিচে)ঃ 18 eQ‡ii Kg eq‡mi wki‡`i †¶‡Î Gi e¨envi wb‡`©wkZ bq|

অথবা চিকিৎসকের পরামর্শ অনুযায়ী সেব্য।

পার্শ্বপ্রতিক্রিয়া

টুইস্ট mvaviYZ mymnbxq| Z‡e mPivPi †hme cvk¦©cÖwZwµqv †`Lv hvq †m¸‡jv nj-M¨v÷ªvBwUm, B‡ivwmf M¨v÷ªvBwUm, wWm&‡ccwmqv, †c‡Ui Dc‡ii As‡k e¨_v, Wvqwiqv, M¨vw÷ªK Avjmvi, ewgewg fve, †KvôKvwVb¨ BZ¨vw`|

প্রতিনির্দেশনা

b¨v‡cÖv‡·b- B‡mvwgcÖvRj Kw¤^‡bkb cÖwZwb‡`©wkZ -

- b¨v‡cÖv‡·b, B‡mvwgcÖvRj, cÖwZ¯’vwcZ †eb&wRwgWvRj&m A_ev Gi †Kvb Dcv`v‡bi cÖwZ AwZms‡e`bkxj †ivMx‡`i †¶‡Î
- †hme †ivMx‡`i ¸iæZi Ges AwbqwgZ nvU©‡dBwjIi, Bbd¬vg¨vUwi evI‡qj wWwRR, A¨vRgvi c~e©j¶Y, AvwU©‡Kwiqv i‡q‡Q A_ev hv‡`i †¶‡Î A¨vwmUvBj m¨vwjmvBwjK GwmW ev Ab¨vb¨ NSAID †me‡bi ci GjvwR©K wiA¨vKkb †`Lv hvq
- †h me †ivMx‡`i †¶‡Î mwµq M¨vw÷ªK/ wWI‡Wbvj/ †ccwUK Avjmvi, mwµq M¨v‡÷ªvB‡›U÷vBbvj i³¶iY, †mwi‡eªvfvmKzjvi i³¶iY A_ev Ab¨vb¨ i³¶iYRwbZ mgm¨v i‡q‡Q
- K‡ivbvix AvU©vix evBcvm MÖvdU PjvKvjxb Ae¯’vq|

সতর্কতা

B‡¯‹wgK nvU© wWwRR, †mwi‡eªvfvmKzjvi wWwRR Ges/A_ev Kb‡Rw÷f nvU©‡dBwjIi †ivMx‡`i †¶‡Î b¨v‡cÖv‡·b †me‡b mZK©Zv Aej¤^b Kiv DwPZ|

গর্ভাবস্থায় ও স্তন্যদানকালে ব্যবহার

Mf©ve¯’vq †k‡li w`‡K Gi e¨envi wb‡`©wkZ bq KviY GwU Wv±vm Av‡U©wilmv‡mi AKv‡j eÜ A_ev cÖme‡K `xN©vwqZ Ki‡Z cv‡i| Mf©ve¯’vi cÖ¯’ZKviK

কেমিষ্ট ল্যাবরেটরীজ লিমিটেড
কলেজ রো, বরিশাল, বাংলাদেশ।

Twist

(Naproxen BP 500 mg & Esomeprazole USP 20 mg)

DESCRIPTION

Naproxen is a non-steroidal anti-inflammatory drug (NSAID) used as an analgesic and antipyretic. Naproxen is a propionic acid derivative and it inhibits the synthesis of prostaglandins, primarily by inhibiting the enzyme cyclo-oxygenase. Esomeprazole is a proton pump inhibitor and the S-isomer of Omeprazole. It suppresses gastric acid secretion by inhibiting the proton pump in the gastric parietal cell thus reducing gastric acidity.

COMPOSITION

Twist Each tablet contains delayed release Naproxen BP 547.50 mg and Esomeprazole Magnesium USP 22.22 mg respectively equivalent to Naproxen BP 500 mg and Esomeprazole USP 20 mg.

INDICATIONS

Twist (Naproxen & Esomeprazole) is indicated for the treatment of the signs and symptoms of Osteoarthritis (OA), Rheumatoid arthritis (RA) and Ankylosing Spondylitis (AS) and to decrease the risk of developing gastric ulcers in patients at risk for developing NSAID-associated gastric ulcers.

DOSAGE AND ADMINISTRATION

The usual recommended dose for **Twist :**

Recommended Strength	Medical Condition	Recommended (and Maximum) Dose per day
Twist Naproxen BP 500 mg and Esomeprazole USP 20 mg.	Osteoarthritis, Rheumatoid Arthritis, Ankylosing Spondylitis and Dysmenorrhoea	**Twice daily**

The tablet must be swallowed whole with water but not be split, chewed, crushed or dissolved. Twist should be taken at least 30 minutes before meal.

Geriatric use (>65 years)

Patients older than 65 years and frail or debilitated patients are more susceptible to a variety of adverse reactions from NSAIDs. The incidence of these adverse reactions increases with dose and duration of treatment. For such patients, to minimize the potential risk for an adverse event, the lowest effective dose should be used for the shortest possible duration.

Patients with renal impairment

In patients with mild to moderate renal impairment, Naproxen/Esomeprazole should be used cautiously and renal function should be monitored closely. This preparation is contraindicated in patients with severe renal impairment or deteriorating renal disease.

Patients with hepatic impairment

In patients with mild to moderate hepatic impairment, Naproxen/Esomeprazole should be used cautiously and hepatic function should be monitored closely. This preparation is contraindicated in patients with severe hepatic impairment.

Children (<18 years)

Naproxen-Esomeprazole is not recommended for use in children under 18 years of age.

Or as directed by the physician.

SIDE EFFECTS

In general, **Twist** is well tolerated. Most common side effects seen with this combination are erosive gastritis, dyspepsia, gastritis, upper abdominal pain, diarrhea, gastric ulcer, nausea, constipation etc.

CONTRAINDICATIONS

Naproxen-Esomeprazole combination is contraindicated in:

- Patients with known hypersensitivity to Naproxen, Esomeprazole, substituted benzimidazoles or to any of the components/ excipients
- Patients with severe uncontrolled heart failure, inflammatory bowel disease, history of asthma, urticaria, or allergic-type reactions after taking Acetylsalicylic acid or other NSAIDs
- Patients with active gastric/duodenal/peptic ulcer, active GI bleeding, cerebrovascular bleeding or other bleeding disorders
- The pre-operative period in the setting of Coronary Artery Bypass Graft (CABG) surgery.

PRECAUTIONS

Caution should be exercised in prescribing NSAIDs such as Naproxen to any patient with ischemic heart disease, cerebrovascular disease and/or congestive heart failure.

USE IN PREGNANCY AND LACTATION

It is contraindicated in the third trimester of pregnancy because of risk of premature closure of the ductus arteriosus and prolonged parturition. Caution should be exercised in prescribing this combination during the first and second trimesters of pregnancy.

DRUG INTERACTIONS

Concomitant use of NSAIDs may reduce the antihypertensive effect of ACE inhibitors, diuretics and beta-blockers. Concomitant use with methotrexate may increase methotrexate toxicity and with warfarin may result in increase risk of bleeding complications. Esomeprazole inhibits gastric acid secretion and may interfere with the absorption of drugs where gastric pH is an important determinant of bioavailability (eg. Ketoconazole, Iron salts and Digoxin).

SUPPLY

Twist Each box contains 6 x 10 tablets in alu-alu blister Pack.

STORAGE:

Store at temperature within 30°C, keep away from the reach of children.

Manufactured by

Chemist *Laboratories Ltd.*
College Row, Barishal, Bangladesh.